



"The Jean Augustine Centre for Young Women's Empowerment believes that an empowered young woman can improve her life and have a positive impact on the world around her"



At the Jean Augustine Centre we are committed to empowering girls and young women during their formative years in order to help guide them on a path for healthy social, emotional, and physical development. We take a holistic approach to empowering girls and young women by providing access to quality programming that focuses on academics, arts, life skills, physical activity, mindfulness, mentorship and leadership. Our mission is to positively influence their outlook on life, broaden their horizons, and most importantly equip them with the ability to empower themselves.

Why is it important to have a dedicated youth space for girls and young women? How do spaces like the Jean Augustine Centre help to empower girls and young women?

- It is a safe space that reduces gender specific barriers to access
- It creates a comfortable space for girls and young women to express themselves and share opinions and ideas
- It is a welcoming space to gather and hang out
- It helps to foster positive female relationships and creates a sense of belonging and community

## MISSION & VISION

### **MISSION**

The Jean Augustine Centre for Young Women's Empowerment is committed to building the self-esteem and self-worth of young women and girls by positively influencing their outlook on life, broadening their horizons, and helping them to empower themselves.





### VISION

To enrich the lives of girls ages 7 to 17 years old with opportunities that place special emphasis on personal development and experiential learning.





## **CORE VALUES**



**EMPOWERMENT** is essential for young women and girls to develop the skills, and acquire knowledge, information and the resources they need to achieve a high quality of life and optimum health and well-being.

**MENTORSHIP** is a long-term, centered in community and built around relationships between positive adult role models and young women facing challenges in their social and personal lives.

Embodying responsible **LEADERSHIP** with integrity, from a shared vision that inspires and motivates, and with the capacity to grow through change and deliver sustainable outcomes, perfects the ability to enable others to greatness.

**CIVIC ENGAGEMENT** is working to make a difference in communities. It is essential as young women and girls become empowered that they learn the importance of giving back and helping to build thriving.

### **Participant Data**

### Women & Girls Supported - 163 individuals

Jean Augustine Centre for Young Women's Empowerment provides free after-school, camp and workshops for young women and girls, ages 7 – 17 years, living in South Etobicoke. Our charity takes a holistic approach to empowerment by supporting the mental, physical, and social well-being of children and youth.

#### **Academic Success**

JAC Geniuses – The homework program fosters learning and encourages academic success for students by providing extra support and guidance by staff and volunteers.

**Peer-Tutoring** – Run in partnership with Licensed 2 Learn, this program boosts student success through personalized peer-tutoring.

Reader to Reader – This interactive reading program supports students grades 1 to 6 in reading comprehension to become better and confident readers.

**STEM** – By engaging in workshops participants are introduced to educational pathways and career fields in Science, Technology, Engineering, and Math.

#### **Creative Arts**

Craftastic Market - This social entrepreneurship program combines the craft of making candles and body products with the practice of entrepreneurship to introduce participants to basic business practices while also supporting social causes.

**Artz Space** – Encourages creativity and self-expression while introducing participants to various artistic mediums including painting, collaging, sculpting, and building.

#### Life Skills

**Chef's Catering** – Empowers participants with life skills and healthy eating habits by instructing on nutrition, kitchen safety and recipe creation.

**Stitch It Sewing** – Encourages life skills and creativity by empowering participants to learn the basics of sewing, sketching and design.







#### **Mental Health**

HER Spot – This youth-led program encourages healthy dialogue between participants and positive adult role models. The program covers a wide range of topics that relate to the social, physical, and emotional well-being of young women.

Use Your Voice – Encourages self-advocacy and self-expression in girls. Incorporates various forms of communication including oral, written, and physical expression.



### **Physical Health**

Rhythm in Motion – Combines art and physical activity in our dance program. Participants learn various forms of dance including ballet, jazz, modern, hip hop, and Afro-Caribbean.

**Empower Martial Arts** – Empowers participants in our martial arts program by teaching self-discipline and encouraging confidence.



### **Leadership Camps**

March Break & Summer Camp – The day camp programs combine traditional camp activities including the arts, cooking, and field trips with empowerment workshops discussing financial literacy, self-esteem, body confidence, and dispute resolution.









## **FINANCIALS**

\$387,537		
\$12,721		
\$558		
\$250		
\$401,066		
Expenses		
\$200,441		
\$52,325		
\$1,620		
\$6,705		
\$14,310		
\$2,234		
\$77,194		
\$1,134		
\$1,134		

## **FINANCIALS**

### **Program Supplies:**

After-School	\$5,660
Camp	\$1,701
Meals & Refreshments	\$1,957
Special Events	\$2,078
Transportation	\$147
Workshops	\$784
Total Program Supplies	\$12,327
Purchase of Service:	
Professional Services	\$10,167
After-School Facilitators	\$29,880
Camp Facilitators	\$10,099
Community Program Facilitators	\$1,360
Workshop Facilitators	\$1,850
Special Events	\$899
Total Purchase of Service	\$54,255

## FINANCIALS

### Other:

Board of Directors Supplies \$639

Cleaning \$25,981

Maintenance \$5,720

Waste Removal \$1,906

Petty Cash \$3,033

Misc. Expenses \$4,908

Total Other \$42,187

Total Expenses \$387,538



101 Portland Street Etobicoke ON M8Y 1B1

T: 416.253.9797

E: info@jeanaugustinecentre.ca

Charitable No. 768621492RR0001 jeanaugustinecentre.ca

- @jacentre4girls
- @JACentre4Girls
- @JACentre4Girls
- Jean Augustine Centre for Young Women's Empowerment