

# 2019 FALL WINTER PROGRAM CALENDAR



**\*FREE AFTER-SCHOOL PROGRAMS**

for girls & young women ages of 7–17 yrs.  
living in South Etobicoke

\*Healthy snacks provided for all after-school programs!

**SESSION #1:** Sept 16<sup>th</sup>, 2019 – Oct. 25<sup>th</sup>, 2019

**SESSION #2:** Nov. 4<sup>th</sup>, 2019 – Dec. 13<sup>th</sup>, 2019

**101 PORTLAND ST., ETOBICOKE**  
Charitable No. 768621492RR0001

<b>MON</b>	4:30 pm - 6:00 pm	<b>EMPOWER MARTIAL ARTS (BEG: WHITE &amp; YELLOW BELTS)</b> – Learn discipline & strength while exercising various styles of martial arts. (Ages 7-17)
		<b>ARTZ SPACE (JUNIOR)</b> - Develop your technique & hone craft while working with mix media arts. (Ages 7-11)
<b>TUE</b>	3:30 pm - 4:15 pm	<b>READER TO READER</b> – Practice your reading skills with peers in an encouraging & supportive environment. (Ages 7-12)
	4:30 pm - 6:00 pm	<b>JAC GENIUSES</b> – Improve your grades by taking advantage of our study space and homework help. (Ages 7-17) <b>ARTZ SPACE (SENIOR)</b> – Develop your technique & hone your craft while working with mixed media arts. (Ages 12-17)
<b>WED</b>	4:30 pm - 6:00 pm	<b>*New Program Alert* USE YOUR VOICE</b> - Express yourself using different mediums like creative writing, singing, spoken word poetry and drama. (Ages 9-14)
		<b>CRAFTASTIC MARKET</b> – Learn to make candles and body products. Participate in the marketing & selling of the products in JAC’s Craftastic Market. (Session 1: Ages 12-17   Session 2: Ages 7-11)
		<b>EMPOWER MARTIAL ARTS (INT/ADV: ORANGE-BLACK BELTS)</b> – Learn discipline & strength while learning various styles of martial arts. (Ages 7-17)
<b>THUR</b>	4:30 pm - 6:00 pm	<b>CHEF’S CATERING (SENIOR)</b> – Become a Master Chef! Learn the art of creating delicious meals & catering special events. (Ages 12-17)
		<b>STITCH IT (JUNIOR)</b> - Let your creativity flow in our sewing program. Learn to sketch, design & create while completing your very own sewing project. (ages 7-11)
		<b>*New Program Alert* HER SPOT</b> - Bring your friends and come hang out at J.A.C.! Enjoy some free time and be part of conversations about friendships, self-esteem, social media and much more! (Ages 10-14)
<b>FRI</b>	4:30 pm - 6:00 pm	<b>CHEF’S CATERING (JUNIOR)</b> – Become a Master Chef! Learn the art of creating delicious meals & catering special events. (Ages 7-11)
		<b>RHYTHM IN MOTION</b> – Learn the right moves in HIP HOP (Session 1: Ages 7-11   Session 2: Ages 12-17)

**LEADERS IN TRAINING (L.I.T)** - Develop your leadership skills with hands-on training, workshops and volunteer opportunities. L.I.T.s meet twice a month to snack, chat and grow as leaders! Call or email for program dates and times (Ages 12-17)

**PEER TUTORING** - Volunteer as a tutor (grades 6 to 12) or be a peer (grade 1–5). Work together to improve in English, French or Math. Call or email for more info (Ages 7-17)

**TO REGISTER CALL: (416) 253-9797 OR EMAIL: [info@JeanAugustineCentre.ca](mailto:info@JeanAugustineCentre.ca)**

**FOR MORE INFORMATION ON OUR PROGRAMS PLEASE VISIT US ONLINE AT:**

**[www.JeanAugustineCentre.ca](http://www.JeanAugustineCentre.ca)**